








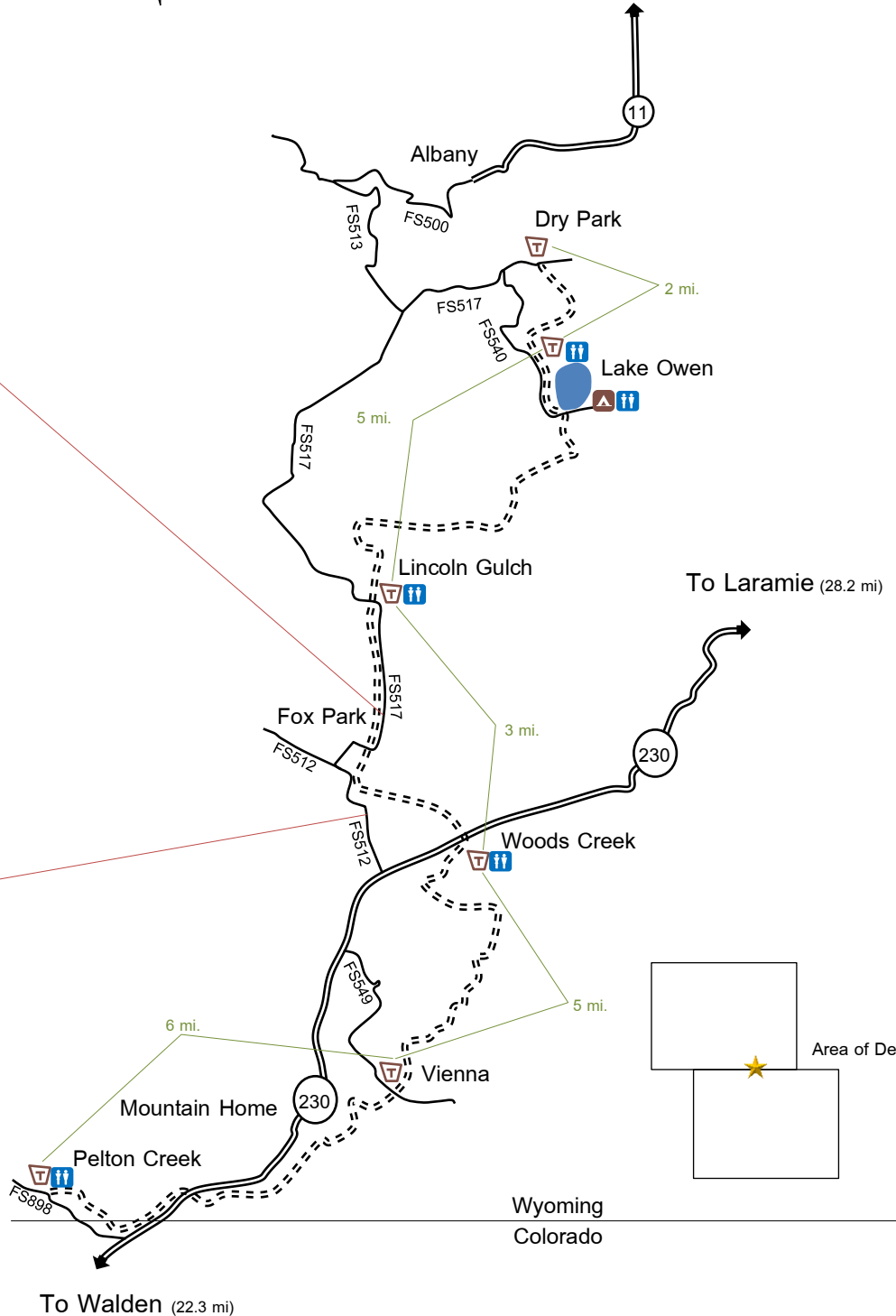
MEDICINE BOW RAIL TRAIL – WYOMING

LEGEND

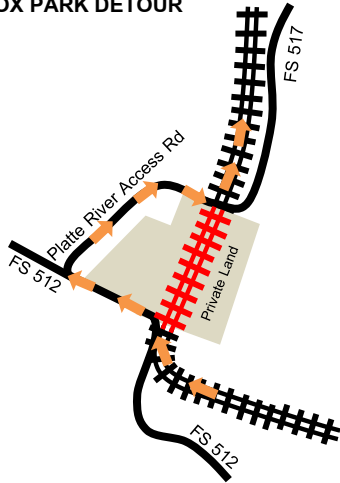
- State Highway 
 - Forest Service Road 
 - Medicine Bow Rail Trail 
 - Trail Mileage to Trail Head  2 mi.
 - Trail Head 
 - Campground 
 - Restroom 
- Miles
0 1 2
Map for reference only. Not for Navigation.



To HWY 130
Laramie (30.1mi) or Centennial (13.5mi)



FOX PARK DETOUR



DRIVING MILEAGE

Medicine Bow Rail Trail via WY HWY 230

Laramie – Wood Creek(TH)	35.6mi
Woods Landing - Woods Creek(TH)	7.6mi
Woods Creek(TO) - Fox Park (TO)	1.1m
Fox Park(TO) - Lincoln Gulch(TH)	4.0mi
Lincoln Gulch(TH) - Lake Owen(TH)	8.6mi
Fox Park (TO) - Vienna (TO)	1.1mi
Vienna(TO) - Vienna(TH)	2.5mi
Vienna(TO) - Pelton Creek(TO)	5.1mi
Pelton Creek(TO) - Pelton Creek(TH)	1.1mi

Medicine Bow Rail Trail via WY HWY 13

Laramie - WY HWY 11(TO)	27.8mi
WY HWY 11(TO) – Albany	11.1mi
Albany – Lake Owen(TH)	8.1mi

TO = Turn Off TH = Trail Head

